Waukesha County UW Extension Farmers Market Fresh

Eggplant with Ricotta Cheese and Tomatoes

Ingredients:

4 to 6 eggplant slices (1/4 inch thick)
1-2 tablespoon olive oil
1/3 cup ricotta cheese
2 tablespoon parmesan cheese
1 tablespoon fresh basil
1/2 cup cherry tomatoes, quartered
salt

Serves 2



Directions:

- 1. Sprinkle eggplant slices with salt and allow to sit until water accumulates on the surface. Rinse and pat dry.
- 2. Brush eggplants with olive oil. Cook in a nonstick skillet until tender. Set aside.
- 3. In a small bowl, combine ricotta and parmesan. Add basil. Stir and set aside.
- 4. Sprinkle tomatoes with salt. Set aside.
- 5. Top each eggplant slice with cheese mixture, then tomatoes. Broil until cheese is hot.



This recipe was modified from University of Nebraska–Lincoln Extension.